

November 2016

Retirees Learn More About Aging at CALC 2016 Symposium

The Purdue Center on Aging and the Life Course (CALC) presented their 2016 symposium on Time Horizons and Optimal Aging on Friday, October 16. More than twenty-five retirees attended. Each year CALC presents a symposium on an aspect of aging. Dr. Kenneth Ferraro, Director of CALC, welcomed the guests and speakers Dr. David Ekerdt, PhD, of the University of Kansas, and Dr. Laura Carstensen, PhD, of Stanford University.

Dr. Ekerdt spoke on Gerontology in Five Images, Plus Two More. In his presentation he showed that gerontology is multidisciplinary and there is danger in being too focused. Dr. Carstensen spoke on Taking Time Seriously in Life-Span Development. She has done extensive research on the emotional status of adults. One finding is that older people, excluding those with dementia, are happier than younger adults. There is greater economic satisfaction in later life. Stress is less. As they age, older people tend to live in the moment, know what is important, invest in sure things, have deeper relationships, and savor life.

Nominations Sought for PURA Office of Vice President/President Elect 2017-2018

Nominations are being accepted for the PURA officer position of vice president/president-elect for 2017-18. Please submit suggestions to the chair of the nominating commit-



PURA United Way Campaign Nearing Its Goal

At the time of printing, PURA members had contributed \$104,000 to the PURA United Way Campaign. That is nearly 87% of the \$120,000 goal. Let's get that to 100% by November 15.

Money raised during this campaign will fund 21 partner agencies and initiatives in the Greater Lafayette area. Included is the Read to Succeed program, which encourages community members to spend one hour per week in local classrooms helping children develop and improve literacy



On Thursday evening, in honor of the 20th anniversary of gerontology studies at Purdue, CALC featured an art exhibit of works by older artists. Many different mediums were displayed—oil, acrylic, pastel, dye resist, and color photography. Some of the artists were at the event to share about their art with the guests.

CALC received a grant from the PURA Activities and Opportunities Endowment Fund in support of this symposium.

tee, Olivia Wood, at o.wood123@comcast.net no later than November 15, 2016.

Additional nominating committee members are Robert Bain, Sarah Johnson, Carolyn Jones, Dick Nelson, and John Trott. The nominee will be announced in the January PURA NEWS.

skills. Many of the agencies also provide services pertinent to PURA members. Please help fund these programs.

Through a Lilly Endowment, new or increased contributions of \$100 or more will be matched dollar for dollar. You may send a check payable to United Way of Greater Lafayette, with PURA contribution in the memo line, to United Way of Greater Lafayette, 1114 East State Street, Lafayette, IN 47905.

Contributions received before November 15 will be counted in the PURA Campaign total.

Indiana Bicentennial Torch Relay



Torchbearer Betty Nelson — Dean Emerita of Students — shows off Wonder Woman socks to PURA members Dick Nelson, Bob Bain, Fred Ford and wife Mary, Olivia Wood, Karen Lembcke, and Dan Collins prior to her "leg" of the race.

David (Scott) Caldwell, — retired Field Extension Educator — carried the torch in Fayette County.





James Dworkin — Professor of Management at the Krannert School and former Chancellor of Purdue Northwest— Westfield Campus, carried the torch in LaPorte county.



Arthur (Art) Redinger retired College of Agriculture County Extension Director was seated in a Model A Ford Coupe for his portion of the Union county relay.

Linda Duttlinger—Professor Emerita of Mathematics from Purdue Northwest— Westfield Campus— carried the torch in Jasper County, representing the Food Pantry of Wheatfield, which her husband helped to found.

(See Page 4 for the story on her work with this organization.)





Purdue President Mitch Daniels posed on the Memorial Mall, handing off the torch to Graduate Student Council President Andrew Zeller, in front of the BISONtennial sculpture sponsored by the School of Veterinary Medicine.

(Note: Thanks to Purdue Today for use of their pictures from the Tippecanoe County event.)

PURA would like to honor all our members who participated in the Bicentennial torch relay. If you know of others whom we've not included here, we'd welcome adding their names, counties in which they participated, and pictures (if available) to our web site. Please email the information to Michele Salla, at masalla@purdue.edu.

Artist Kimlien Tran Captivates October PURA Luncheon Audience

Local artist Kimlien Tran spoke at the monthly luncheon on Oc-



tober 3. She paints from her life's experiences and shared the journey that brought her to Indiana. Her life began in Vietnam.

Imagine the anxiety of a father and mother with 10 children who desperately needed to escape Communism, and then later, find a way to migrate to America from Vietnam. In their time of need the family had to split into two groups. The father and his two sons made the perilous journey across the ocean in a small, overcrowded boat that eventually found its way to the U.S. They worked for four years to save enough money to bring the rest of the family to the United States.

Finally, the mother and their eight girls crowded onto another tiny boat and made the treacherous voyage with other escapees.

Jischke Scholar Kiana Bowen Welcomed at Kickoff Luncheon

Kiana Bowen, PURA's new Jischke Scholar, was welcomed at the kickoff luncheon on September 12. Kiana is in the Honors College in Computer Graphics Technology where she plans to major in game design and animation. She hopes to add industrial studio art as a minor. In her spare time she loves to draw and paint, read (her favorite author is Stephen King), and watch movies. She is very excited to be at Purdue and appreciates the many opportunities that will be available to her here.

The Martin and Patty Jischke PURA Purdue Opportunity Award Endowment Fund will support Kiana financially through her graduation. Your contributions to this endowment fund are appre ciated. PURA members will also mentor Kiana during her time at Purdue.

From Columbus, Indiana, Kiana attended Columbus North High School. She was a member of the marching band's color guard and moved to the drum line in her junior year. Kiana was inducted into the National Society of High School Scholars.



PURA Rides the Hoosier State Train to Chicago

PURA's Campus and Community Activities Committee arranged a train trip on the Hoosier State to and from Chicago that occurred on Wednesday, October 19. Over twenty PURA members and their guests traveled in business class in the comfortable domed car, and enjoyed both a delicious breakfast and a fine dinner as they traveled.

This relatively new Hoosier State connection is now under the auspices of Iowa Pacific Holdings. A representative facilitated travel arrangements at a group rate, and helped arrivals with local travel in Chicago.

On arrival in Chicago's Union Station, the attendees scattered to a variety of venues, including shopping at Macy's (formerly Marshall Field's), the Art Institute, and Maggie Daley Park. At least six of the visitors made their way to the Museum of Science and Industry and to the Omnimax Theater to view the National Parks Adventure.

Travelers were so delighted with their experience on the Hoosier State that the Campus and Community Activities Committee will consider repeating the trip at some later date. Stay tuned!



PURA attendees enjoy a meal with a view, including Jill May and her husband.

After seven days they made it to land. Most of them could not swim. With great confusion and uncertainty, they were taken to a refugee camp where they lived for several months.

Once the family was reunited, Kimlien entered middle school where she started learning English. Although she was talented at sketching from early childhood, she had never heard of paints, water colors, or charcoal. A teacher recognized her talent and enrolled her in art classes where she won a scholar-ship to a prestigious art school in New York. However, her father encouraged her to study chemical engineering and she graduated from the University of Washington with a B.S. in chemical engineering and a B.A. in chemistry. She also met her husband at the University of Washington.

While devoting herself to family and raising children, her husband encouraged Kimlien to follow her artistic passions. She taught herself the art of drawing and painting with various mediums and styles with books from the library. She studied the masterpieces of famous artists and experimented with their techniques to create her own unique interpretations. Her beautiful artwork reflects diverse emotions from her Asian legacy, her childhood, her children, and her life-stories. To experience Kimlien Tran's works, visit KL Art Gallery in downtown Lafayette which will open later this fall. For more information, go to www.klartgallery.com.

The "Land Baron" Era in Indiana History

The last part of Indiana to be settled was the northwestern area, primarily because it was undesirable due to wet, swampy land, with sand hills, etc.. This changed in the 1850's as a number of land promoters from the east bought up thousands of acres of land. They had ditches dug to drain the land, which proved to be some of the best farmland in the United States. The land barons took advantage of railroads being built westward. Many of the towns they founded still bear their names today. Examples are Wolcott, Fowler, Kentland, Boswell, Brook, Earl Park, and others. As the value of the land increased, these "Land Barons", originally holding thousands of acres, gradually sold off their holdings into smaller parcels.

Information source: Anson Wolcott Historical Society. For more about Anson Wolcott visit the Anson Wolcott House web page at http://www.historicwolcotthouse.com



The Anson Wolcott house, in Wolcott, Indiana. Construction began in 1859 and it was completed after the Civil War.

Torchbearer Linda Duttlinger

(Picture on page 3)

Linda represented the food pantry from Wheatfield, located in Jasper County. The food pantry began at Sorrowful Mother Church about seven years ago, and Linda's husband was one of the founders. Linda was appointed director five years ago.

Husband Richard died a month before Linda retired in December 2014, so Linda faithfully continued with the duties associated with maintaining a successful pantry. That included obtaining and organizing the food, driving the truck and trailer, and learning how to back it up!

On a recent Saturday morning, 117 families visited the food pantry and, currently, there are 250 families within a 20 mile radius registered on their paperwork. All families must meet the government requirements to be eligible to receive milk, meat, bread, canned goods, and produce when available.

As one of the torchbearers in Jasper County, Linda drove her food pantry truck and trailer with a torch holder on the outside of the pick-up truck. The Torch Caravan drove 20 miles from Wheatfield to Rensselear. She reported it was an incredible experience.

Watch Your Phraseology

Only male turkeys, called toms, gobble; whereas females, called hens, cackle. **Happy Thanksgiving!**

Mark Your Calendars!

November 7 PURA Monthly Meeting, SPECIAL TIME & LOCA-TION

Topic: Tech Toys—great stuff for gifts or gifts for yourself!
This meeting will start promptly at 10:30 with the PURA business meeting, followed by the presentation.
Speaker: Scott Ksander
Time: 10:30 AM
Location: Daniel Turf Center, 1340 Cherry Lane, West Lafayette

(old dairy barn location) ****RSVP:** Please contact the meeting facilitator, Sandy Komasinski, to alert her you will be attending. Contact information: sandyk@purdue.edu or call/text 765-426- 0704

November 7 Wellness Screening, University Place, 9:00 AM—1:00 PM. All exams are free. Only one wellness screening per calendar year is allowed for retirees and spouses.

Screenings offered are Total Cholesterol/HDL/Glucose, ear checks, hearing assessment and diabetic foot checks. Fasting is not necessary unless you want a fasting glucose level. Walk-ins are welcome, but you may have a short wait time.

Contact Chris Rearick, at 496-0308 or email to <u>crear-ick@purdue.edu</u> to schedule.

November 24 Thanksgiving

December 3 Downtown Lafayette holiday celebration: Holiday Downtown Farmers Market, Window Wonderland studentdecorated store windows, Dickens of a Christmas, Lafayette Christmas Parade, Long Center showing of the film "Polar Express."

December 5 PURA Monthly Meeting, MCL Cafeteria, 11:00 AM Topic: Involvement in Recent Activities Speaker: Patty Jischke

January 2 Official University Holiday—NO monthly meeting.